

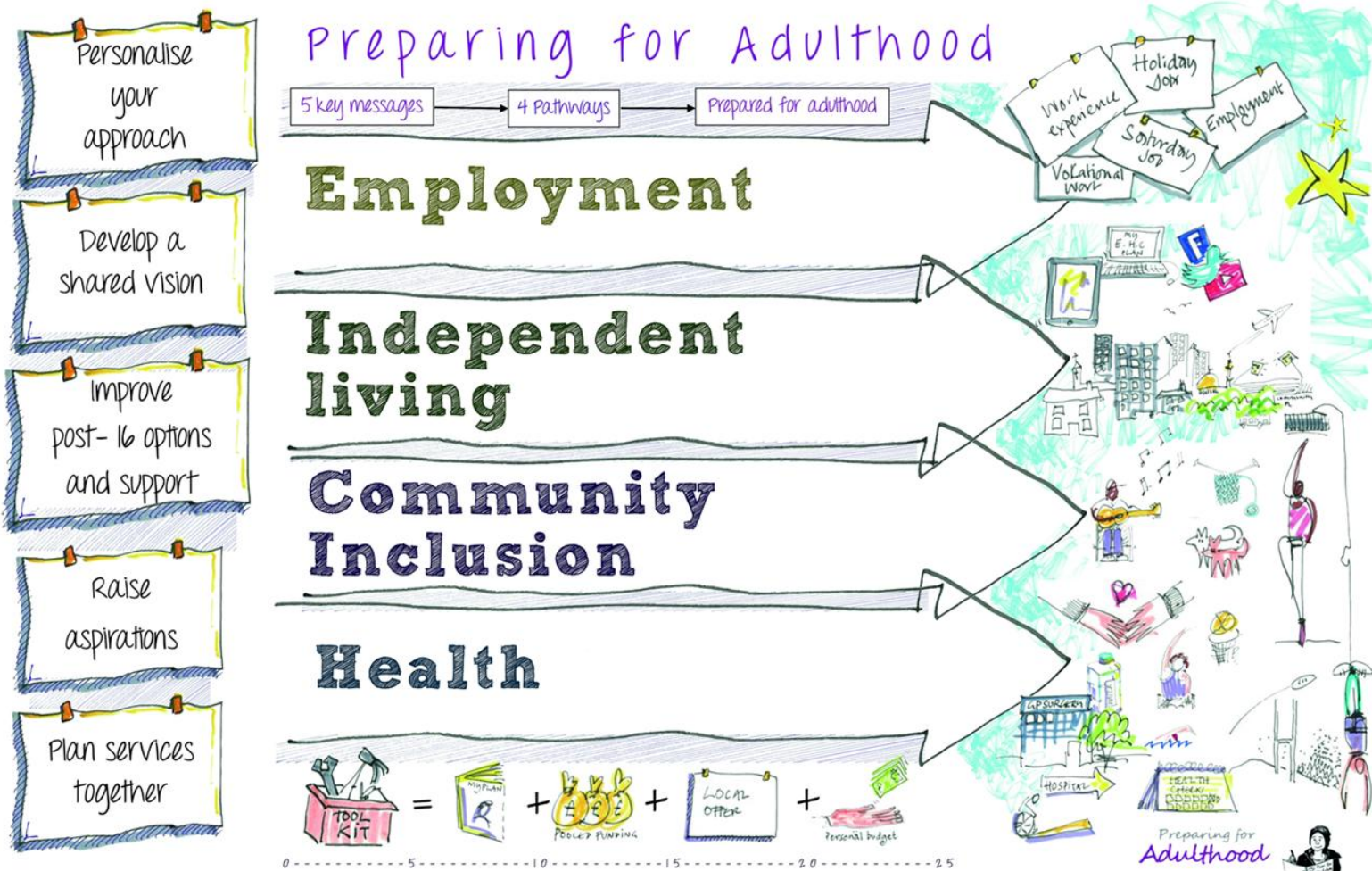
Preparing for Adulthood Curriculum Overview

Each learner will create their own Preparing for Adulthood file whilst at Liberty. The pathway plan will differ depending on curriculum pathway, group and level. Staff can adapt and differentiate the plan to meet the learners needs. Staff can complete these activities during Weekly PFA sessions.

Relevant work completed with external trainers and from PFA trips will also go into the files.

What's The Point?

- Providing a holistic service and helping learners prepare for adulthood
- Raise aspirations and help learners reach their full potential in adult life in a safe and healthy way
- Equipping learners with the necessary skills, knowledge, and opportunities to achieve the best outcomes in employment, independent living, health & community participation
- A person-centred approach where the learner's individual needs, aspirations, and preferences are at the heart of the process



Safeguarding & E-Safety

- Understanding Safeguarding & how to get help
- Peer on peer abuse (child on child abuse in KCSIE- to inc. sexual harassment, bullying & cyber bullying, sexting, explicit material)
- Keeping safe online
- Online misinformation, disinformation & fake news
- Conspiracy theories
- Emergency situations
- Public and private boundaries
- Abuse & neglect
- Prevent
- Accidents & risk
- Personal safety & self-defence

Equality & Diversity

- The Equality Act & protected characteristics
- Prejudice & Discrimination
- Unkind Comments & Hate Speech
- Respect for diversity
- Equal opportunities and fairness
- Inclusion & accessibility

Independent Living

- Bank accounts, ID & Passports
- Rights and responsibilities
- Managing online information
- The environment and being sustainable
- Managing Finances
- British Values (democracy, The Rule of Law, Individual Liberty, Mutual Respect, Tolerance of Different Faiths & Beliefs)
- Feedback & complaints
- Personal hygiene
- Managing your own home
- Health & safety at home
- Housework & cooking

Community Inclusion

- Understanding community & why it is important
- Communication & social skills
- Manners and etiquette
- Teamwork
- Problem solving
- Making & keeping friends
- Understanding social norms & boundaries
- Community Participation (volunteering, joining clubs & groups, attending events, fundraising)
- Acts of service (helping others & the impact on mental health)
- Staying safe in the community
- Travel Training

Skills, Attitudes & Engagement

- Attendance & Timekeeping
- Behaviour & Attitude
- Motivation & Effort
- Confidence

Other Elements

- Activity Days & trips
- Link with outside organisations & community
- External speakers
- Fundraising events
- **Remember to include relevant awareness days/weeks/months, seasonal projects (Remembrance day, VE day, Chinese New Year etc) & current affairs.**